ISEH INSTITUTE OF SPORT EXERCISE & HEALTH

THE ADVANCED BRAIN HEALTH CLINIC NEUROLOGICAL ASSESSMENT SERVICE

The Advanced BRAIN Health Clinic has now opened a neurological assessment service, providing confidential specialist assessment to support retired elite, male and female, rugby players who have concerns about their brain health. This service was established to identify individuals who may require more detailed investigation and is based on our experience of seeing more than 250 former players in the Advanced BRAIN Health Clinic.

What happens at the Neurological Assessment Service?

Former players will complete a panel of neurological questionnaires prior to attendance. These questionnaires can be completed at home. Players will then attend a neurology consultation with either Dr Richard Sylvester or Prof David Sharp lasting approximately 30 minutes. It is strongly recommended that the consultation should be in person to enable a full neurological examination to be performed, which is an important component of the assessment. An online option can be made available for players who are unable to travel.

The consultation will determine if further investigations are required (such as advanced brain imaging, further neurocognitive assessment and blood tests) which are provided through the Advanced BRAIN Health Clinic.

Who is eligible to access the service?

The clinic is available to former players between the ages of 30 – 55. They must be a former England International (male, female, 15s and 7s players) or have played at least one season of elite club rugby (PREM, CHAMP or PWR). If you would like to check if you are eligible, please email:
AdvancedBrainHealthClinic@iseh.co.uk

How much does the clinic cost?

Both the Neurological Assessment Service and Advanced BRAIN Health Clinic (should further investigations be required) are free to access. While the clinics are jointly funded by the Rugby Football Union (RFU) and PREM Rugby, assessments are run independently with patient data held confidentially by the Institute of Sport, Exercise and Health (ISEH) and Imperial College London (ICL).

Why choose to visit?

Comprehensive assessment, accurate diagnosis and early intervention are key to improving long-term health and wellbeing. By visiting the clinic, individuals will:

- be guided through the process from the moment you pick up the phone, as experts at the clinic understand this can be an anxious time;
- receive expert help, the most advanced neurological assessments and be provided with direction for ongoing support if it is needed;
- receive greater understanding or reassurance about concerns over your brain health.

Where is the clinic?

Institute of Sport, Exercise and Health (ISEH), 170 Tottenham Court Road, London W1T 7HA.

Imperial College London